



Refreshment Stops 17th September 2022

The maps (available from <u>https://www.churchesalive.im/rideandstride.htm</u>) show all the churches where refreshments are available. Most of them are self-serve. Most of them are open from 10:00-18:00 and have toilets and a tap to refill water bottles.

However you will find a **personalised service** at the following destinations and times:

Douglas - Broadway Baptist: 10-1800 - St Thomas (Anglican): 10-1600 Kirk Michael Parish Church 10-1800 Maughold - Parish Church: 10-1600 Ramsey - St Paul's: 10-1500 Colby Methodist Church: 10:30-11:30 coffee and croissants, followed by selfserve. Sulby Methodist Church: 14-1530 Hot drinks The Cooil Methodist Church: 10-1800 Peel - Cathedral - self-serve during the day with hot snacks and family friendly activities from 1630.

NB St Mark's Anglican church does not have a **toilet**, but the Methodist Chapel there does.

Toilets are also available at: St Katherine's, Port Erin St Mary's on the Harbour (Castletown) Kirk Arbory Kirk Rushen, Kirk Andreas St John's Anglican Church (in the hall) St Mary's RC Church, Douglas Crosby -Public toilets available between Hall Cain and the Millennium Hall