

Refreshment Stops 17th September 2022

The maps (available from https://www.churchesalive.im/rideandstride.htm) show all the churches where refreshments are available. Most of them are self-serve. Most of them are open from 10:00-18:00 and have toilets and a tap to refill water bottles.

However you will find a **personalised service** at the following destinations and times:

Douglas - Broadway Baptist: 10-1800

- St Thomas (Anglican): 10-1600

Kirk Michael Parish Church 10-1800 Maughold - Parish Church: 10-1600

Ramsey - St Paul's: 10-1500

Colby Methodist Church: 10:30-11:30 coffee and croissants, followed by self-

serve.

Sulby Methodist Church: 14-1530 Hot drinks

The Cooil Methodist Church: 10-1800

Peel - Cathedral - self-serve during the day with hot snacks and family friendly activities from 1630.

NB St Mark's Anglican church does not have a **toilet**, but the Methodist Chapel there does.

Toilets are also available at:

St Katherine's, Port Erin

St Mary's on the Harbour (Castletown)

Kirk Arbory

Kirk Rushen,

Kirk Andreas

St John's Anglican Church (in the hall)

St Mary's RC Church, Douglas

Crosby - Public toilets available between Hall Cain and the Millennium Hall